

HEALTH, BIRTH CONTROL, PREGNANCY & SEXUAL ISSUES

The following services are free, confidential, and do not require a medical card:

Health

- AIDS Vancouver Help Line - - - - - 893-2222
- Burnaby Youth Clinic
Mon. Tues. & Thurs. 1pm-5pm - - - - 293-1764
- Facts of Life Line (Sexual Health) - - - 731-7803
- New Westminster Youth Clinic
Tues. 2-6pm, Thurs. 4-8pm - - - - - 329-1875
- Pine Free Youth Clinic (Van) (<24 yrs.) 736-2391
- Youthco (HIV/AIDS Support) - - - - - 688-1441
- www.sexualityandu.ca (sexuality)
- www.teensource.org (sexual health, relationships)
- www.goaskalice.columbia.edu (health)
- www.coolnurse.com (physical and mental health)
- www.healthyplace.com (mental health)
- www.mindyourmind.ca (mental health)
- www.heretohelp.bc.ca (mental health)

Teen Pregnancy & Parenting Support

- POPS Pregnancy Outreach
(Burnaby Family Life Institute) - - - - 659-2225
- Pregnancy Options
(BC Women's Hospital) - - - - - 875-3163

- Pregnancy Support Program - - - - - 526-2522
- SMILE (for parents 14-24 yrs.) - - - - 524-6255

Sexual Identity

- GAB Youth Services - - - - - 684-4901
- Pride Line 7-10pm - - - - - 684-6869
- www.lambda.org

LEGAL INFORMATION

- Child/Youth/Family Officer
(youth advocate) - - - - - 1-800-476-3933
- Legal Services Society Call Centre
and LawLINE - - - - - 408-2172
- Specialized Victim Counselling
(Cameray) - - - - - 520-0009
- Victim Assistance Program
- Burnaby RCMP - - - - - 294-7602
- Victim Assistance Program
- New Westminster Police Service - - - 529-2525

RUNAWAY & EMERGENCY SHELTERS

- Aboriginal Safe House
(non-aboriginals welcome) - - - - - 254-5147
- After Hours (MCFD) - - - - - 660-8180
- Covenant House - - - - - 685-7474
- Housing Outreach Worker - 522-9669 (ext. 317)
- Vancouver Safe House - - - - - 877-1234

STREET-INVOLVED YOUTH

- Adolescent Services Unit (MCFD) - - - 660-9376

COUNSELLING & SUPPORT

Sexual, Physical and Emotional Abuse

- Battered Women's Support - - - - - 687-1868
- Cameray Counselling Centre
- Burnaby - - - - - 436-9449
- New Westminster - - - - - 520-0009
- Children Who Witness Abuse (4-18yrs) 522-3722
- Ministry of Children and Family Development
- Burnaby (child protection) - - - - - 660-0602
- - - - - or 660-9494
- New Westminster (child protection) - 660-9495
- Outreach Worker (Sexual Exploitation) - 298-1515
- Rape Crisis Centre (24 hours) - - - - 255-6344
- Rape Relief - - - - - 877-0958
- SARA (child sexual abuse) - - - - - 584-2626
- Sexual Assault Service (BC Children's
& Women's Health Centre) - - - - - 875-2881

Crisis and Suicide Intervention

- After-hours Mental Health
Emergency Services - - - - - 527-0009
- Crisis Intervention & Suicide Prevention
24 hour (multilingual service available) 872-3311

- Mental Health Services (MCFD)- - - - 660-5900
- - - - - 660-9495
- Multi-lingual Help Line - - - - - 572-4060
- Options Services to Community- - - - 596-4321
- SAFER - - - - - 879-9251
- 24-Hour Rape Crisis Line- - - - - 872-8212
- www.metanoia.org/suicide

Other

- Burnaby Youth Services (9-17 years) - 294-7721
- Covenant House- - - - - 685-5437
- Fraserside Community Services- - - - 522-3722
- Griefworks B.C. - - - - - 875-2741
- - - - - or 1-877-234-3322
- St. Leonard's ICYS - - - - - 298-1515
- www.griefworksbc.com
- NW/UBC Counselling Centre - - - - - 525-6651
- Youth Access (St. Leonard's Society) - 434-1515

OTHER SUPPORTS

- Children of the Street Society- - - - - 777-7510
- Spirit of the Children (aboriginal services) 524-9113
- www.cyberbullying.ca
- www.wereon2u.ca (internet safety)

POLICE

- Burnaby - non-emergencies - - - - - 294-7922
- New Westminster - non-emergencies - 525-5411

EMERGENCY: POLICE/FIRE/AMBULANCE: 911

CRISIS & INFORMATION: 872-3311 or www.youthinbc.com

ADDICTIONS

Alcohol & Drugs

- Al-Ateen/Al-Anon
(only for families of alcoholics) - - - - 688-1716
- Alcohol & Drug Info
(multi-lingual service available)- - - - 660-9382
- - - - - or 1-800-663-1441
- Alcoholics Anonymous - - - - - 434-3933
- Burnaby Addiction Services
(Fraser Health) - - - - - 453-1910
- D-Talks (detox) - - - - - 1-866-658-1221
- Narcotics Anonymous - - - - - 873-1018
- Odyssey I Substance Abuse Services - 299-6377
- Perspectives Youth Outreach - - - - - 522-3722
- Purpose Society- - - - - 526-2522
- Youth Detox (PLEA) - - - - - 891-1082
- www.notevenonce.com (crystal meth)

Eating Disorders

- Eating Disorder Resource Centre - - - 875-2084
- www.poppink.com

Gambling

- Gamblers Anonymous - - - - - 878-6535

**Most, if not all services listed
are free and confidential.**

**HelpLine for Children
310-1234**

**Youth Against Violence
Line
1-800-680-4264**

Sponsored by

Burnaby ~ New Westminster Task
Force on the Sexual Exploitation of
Children & Youth

Burnaby School District 41
Burnaby RCMP
BC Crime Prevention Association

**Remember to dial "604"
before the number**

Burnaby~New Westminister

Youth INFO CARD



May
2007

YOUTH RESOURCE CENTRES

- Edmonds Youth and Family
Resource Centre - - - - - 522-2327
- Youth Source
Tues., Thurs. 2-8pm - - - - - 526-2522

OTHER YOUTH CENTRES

- Creekside Youth Centre (Burnaby)- - - 415-7607
- K.R.I.B. Youth Centre (Burnaby) - - - 524-6359
- South Central Youth Centre (Burnaby) 433-6032
- Summit Youth Centre (Burnaby)- - - 268-1369

EDUCATION and TRAINING

- Burnaby School District - - - - - 664-8441
- New Westminister School District - - - 517-6288
- Purpose Secondary School- - - - - 528-6014
- Rez (Covenant House) (18-25 yrs.) - - 647-4480
- Royal City Alternative Program - - - - 517-6194
- The CAVE Employment Centre - - - - 438-3045